

Hi Everyone,

Welcome to the **June 2026 @ICURehab monthly email**. I am pleased to share updates and announcements on educational/research opportunities, plus new publications – see below!

ICU Rehab updates for June 2026

1. **Announcements** and updates below:

a. Registration open! 15th Johns Hopkins ICU Rehab Conference: Nov 5 & 6, 2026*

- i. Info here: <https://icurehabnetwork.org/>
- ii. *Consider **also** registering for JH CARE-ICU (**below**) happening **Nov 3 & 4, 2026**
- iii. **New content every year** (focuses on latest updates over the past year)
- iv. **Abstract deadline: June 30, 2026**
- v. In-person format ONLY at Johns Hopkins Hospital, Baltimore, MD USA

b. Fall 2026! Johns Hopkins Certification in Acute Rehab Excellence-ICU (JH CARE-ICU)

- i. This certificate course has two parts:
 1. **Virtual:** 16 hours (1.6 CEU) didactic education
 2. **In-person, hands-on training:** 14 hours (1.4 CEU): **Nov. 3 & 4, 2026*** at Johns Hopkins
- ii. Consider **also** registering for Hopkins ICU Rehab Conference (**above**) happening **Nov 5 & 6, 2026**
- iii. Register: <https://bit.ly/jhcareicu>

c. Online Johns Hopkins ICU Rehab Foundations course (5.5 hours)

- i. Foundations course content remains the same from year to year
- ii. Content available for 6-month duration after registration
- iii. Info here: <https://icurehabnetwork.org/online-foundation-course/>

d. 10th Asia-Pacific Conference on Early Rehabilitation in ICU

- i. **Date:** Oct 3-4, 2026 in Taipei, **Taiwan**
- ii. **Info at:** <https://10th-apem2026.seccm.org.tw/home>
- iii. Registration info will be updated on website (above)
 1. **Watch for discount for lower income countries**

e. 10th European Conference on Weaning & Rehab in ICU

- i. In-person format only: **Sept 26-27, 2026** in Paris, France
- ii. Includes small-group, practical workshops
- iii. **Info:** <https://akademie.divi.de/kurse/divi-kurse-ueber/icu-recovery>

f. Updated Monthly! ICU Rehab e-Resource Sheet:
<https://icurehabnetwork.org/resources/>

- g. **Resources/tools for adult ICU, pediatric ICU, & hospital-wide mobility:**
- i. <http://www.johnshopkinssolutions.com/solution/activity-mobility-promotion-amp/>
 - ii. <https://browse.welch.jhmi.edu/early-mobility>
- h. **For info about ICU & post-ICU functional measures, see: www.ImproveLTO.com**
- i. Website created from an NIH-funded grant for improving outcomes measurement in critical care research
 - ii. Info about **ICU-specific measures & long-term outcome measures** (physical, cognitive, mental health & quality of life)
 - iii. Free full-text review article on **ICU mobility/physical function measures** here: <https://link.springer.com/epdf/10.1186/s13054-017-1827-6>
 - iv. Free full-text review article on **understanding patient outcomes after ICU**: <https://bit.ly/2NTM77u>
 - v. **FREE web-based, self-assessment of RASS/CAM-ICU sedation/delirium assessments, at:**
 1. www.ImproveLTO.com/instruments; scroll down to Cognitive>ICU Delirium
 - i. Free registration required to access the assessment
 - vi. **Delirium Educational Videos & Quiz for RASS & CAM-ICU (English & Spanish!):**
 1. www.icudeliriumplaybook.com
 2. **free full text publications:**
 - i. <https://www.atsjournals.org/doi/10.34197/ats-scholar.2022-0011OC>
 - ii. <https://www.atsjournals.org/doi/full/10.34197/ats-scholar.2023-0114OC>
 - vii. **Functional Status Score for the ICU (FSS-ICU) instrument information:**
 1. Website registration for **free** access to FSS-ICU: www.ImproveLTO.com
 2. **20-minute instructional video is available at above website**
 3. Chinese, Korean, Turkish, Spanish, Japanese & Portuguese translations available (see www.ImproveLTO.com)
 4. FSS-ICU version for **retrospective assessment** of patient's pre-ICU **baseline status** is at above website
 - i. **Validated Survey to Assess Barriers to ICU Mobility** - free full text article available at: <https://bit.ly/2zbYHGA>
 - i. Survey is free as part of “Complimentary Critical Care Rehab Toolkit” at: bit.ly/icurehabsol

2. **COVID-Related Publications**

1. Telerehab for Chronic Respiratory Disease and Post-COVID: Meta-Analysis <https://tinyurl.com/y9h5hhv9>
2. COVID ICU Visit Restrictions & Family Psych Symptoms: Quasi-Experimental Study <https://tinyurl.com/mpf5dkwr>

3. **New publications** – *new papers hot off the presses*

Rehab

1. Cognitive Rehab in the ICU: Systematic Review <https://tinyurl.com/37xwk6nx>
2. Standard of Care for ICU Rehabilitation: Review <https://tinyurl.com/raaj57hc>

3. ICU Early Mobilization with vs without In-Bed Cycling: RCT <https://tinyurl.com/5ymsws7z>
4. ICU Early Mobilization & Long-Term Dyadic Mental Health: RCT <https://tinyurl.com/3yx9tpsn>
5. Early NMES and Early Mobilization for ICU-Acquired Weakness: RCT <https://tinyurl.com/mutwtubz>
6. Implementation of a Systematic Patient Mobility Program <https://tinyurl.com/vyjdfx8d>
7. HFMEA-driven Mobility Protocol for Neuro ICU: Implementation Study <https://tinyurl.com/52kmrtvj>
8. Structured Exercise Program for ECMO: Pilot Study <https://tinyurl.com/4npz2h6c>
9. Implementation and Outcomes of an Early Rehab Program: Cohort Study <https://tinyurl.com/ysfh6kc4>
10. Days Alive and at Home Post-ICU & In-Hospital Rehab: Cohort Study <https://tinyurl.com/597cde8x>
11. Early Mobilization by ICU Nurses in Malaysia: Survey <https://tinyurl.com/445u52vs>
12. Early ICU Cognitive Rehab: Qualitative Study of Patients & Family <https://tinyurl.com/5n9ske3y>
13. Early Rehab in Cardiac Surgery ICU (China): Qualitative Study of Family <https://tinyurl.com/2efhp3sj>
14. Early Mobility in Cardiac Surgery ICU (Canada): Qualitative Study of Clinicians <https://tinyurl.com/y39kxxkb>
15. Clinical Reasoning in ICU: Qualitative Study of Junior & Senior PTs <https://tinyurl.com/2j7pfmfn>
16. Optimizing Mobilization in Critical Illness: Editorial <https://tinyurl.com/28tav68n>

Muscle & Function

17. Respiratory Muscle Dysfunction in Mech Vent Pts: Meta-Analysis <https://tinyurl.com/mr2jxzwk>
18. Respiratory Muscle Training in Mech Vent Pts: Scoping Review <https://tinyurl.com/26tyj6j5>
19. Respiratory Muscle Dysfunction in Older ICU Pts: Review <https://tinyurl.com/bdfbbyu>
20. Mechanical Ventilation & Diaphragm Dysfunction: Review <https://tinyurl.com/2y5dnf5s>
21. The Cahill Cycle and High-Dose Protein in Critical Illness: Editorial <https://tinyurl.com/5b42kse9>
22. ICU Early Mobility Measurement: The Out-of-Bed Index <https://tinyurl.com/433uju8b>
23. Instrumented Timed-Up and Go Test: Psychometric Study <https://tinyurl.com/a2pt2npm>

Outcomes after ICU, and Patient Outcomes Research

24. Patient Reported Outcomes & Experiences in Sepsis ICU Trials: Scoping Review <https://tinyurl.com/mszuvtfp>
25. Fluid Strategy & Long-Term Sepsis Outcomes: SHAMROC RCT <https://tinyurl.com/2xb36p9f>
26. Days Alive and at Home Post-ICU & In-Hospital Rehab: Cohort Study <https://tinyurl.com/597cde8x>
27. ECMO without Mech Vent for ARDS: Cohort Study <https://tinyurl.com/47wfr3vs>
28. Income Decline & Job Loss Post-ICU: Cohort Study <https://tinyurl.com/ny5a5bb5>

Sedation, Delirium, Sleep, Agitation

29. Dutch PADIS Clinical Practice Guideline <https://tinyurl.com/2vufxaud>
30. Olanzapine vs Dexmedetomidine for ICU Delirium (China): RCT <https://tinyurl.com/mrx7e2sy>
31. ICU Delirium Patterns & 30-Day Mortality: Cohort Study <https://tinyurl.com/2s3azu db>
32. Minimal Detectable Differences of the CRS-R: Secondary Analysis <https://tinyurl.com/28bjmb33>

Dysphagia, Communication & SLP Issues

33. Augmentative and Alternative Communication in Mech Vent Pts: Scoping Review <https://tinyurl.com/2uh2k5c5>
34. Augmentative and Alternative Communication in a Burn Patient: Case Study <https://tinyurl.com/2s36arww>

Psychology

35. Dog-Assisted Intervention Trials: Extension of CONSORT Statement <https://tinyurl.com/mryvk95p>
36. Hospital Screening to Predict Post-ICU Depression: Secondary Analysis <https://tinyurl.com/2xpufme4>
37. Post-traumatic Growth & Mental Health Outcomes Post-ICU: Secondary Analysis <https://tinyurl.com/34c99z26>

38. Early Sedation Intensity and Psych Outcomes Post-ICU: Secondary Analysis <https://tinyurl.com/2xpzsmfu>
39. Difficulty Paying for ICU Care & Caregiver Psych Distress: Secondary Analysis <https://tinyurl.com/3t39ynms>
40. Tele-Psych Intervention for ICU Family Members: Pilot Study <https://tinyurl.com/8auc4t62>
41. ICU Family Support Interventions: Editorial <https://tinyurl.com/59ttxbjb>
42. Health Care–Associated Family Mental Injury: Review <https://tinyurl.com/2fr5rchs>

4. **Videos & News**

Video & podcast postings below:

OACIS Videos & News: <https://www.hopkinsmedicine.org/pulmonary/research/outcomes-after-critical-illness/oacis-videos-news>

5. **Twitter/X**: for brief updates about ICU Rehab, follow: **@icurehab** and **@DrDaleNeedham**. You can directly contribute using **#icurehab**

Best wishes to everyone,

Dale

Dale M. Needham, FCPA, MD, PhD
Professor, Schools of Medicine and Nursing
Division of Pulmonary & Critical Care Medicine, SOM
Department of Physical Medicine & Rehabilitation, SOM
Medical Director, Critical Care Physical Medicine & Rehabilitation Program
Director, Outcomes After Critical Illness & Surgery (OACIS) Group
Johns Hopkins University
dale.needham@jhmi.edu & **Faculty Webpage**: <http://bit.ly/2r2sW0V>

Register NOW! 15th Hopkins ICU Rehab Conference (Nov 5 & 6, 2026) <https://icurehabnetwork.org/>

Learn how we are improving ICU patients' outcomes at our websites:

www.hopkinsmedicine.org/OACIS www.improveLTO.com <https://icurehabnetwork.org/> <https://tinyurl.com/icurehabsol>

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