## **CONTINUING MEDICAL EDUCATION**



Division of Pulmonary & Critical Care Medicine and Department of Physical Medicine & Rehabilitation Presents...

# 11<sup>th</sup> Annual JOHNS HOPKINS CRITICAL CARE REHABILITATION CONFERENCE

**Live Virtual Conference: Nov 2 - 5, 2022** 

**Unlimited On-Demand Online Access: October 20 to December 19, 2022** 



#### **GENERAL INFORMATION**

#### **DESCRIPTION**

Interdisciplinary collaboration and coordination is vital to facilitate early mobility and rehabilitation in the intensive care unit (ICU) setting. A stakeholders' conference aimed at improving long-term outcomes for ICU survivors identified important 'silos' among critical care and rehabilitation clinicians working in the ICU, with these 'silos' acting as a barrier to collaboratively advancing the field and improving patient outcomes. While clinical trials support the benefits of early rehabilitation for mechanically ventilated patients, implementing these interventions requires creating a new ICU culture based on proactive rehabilitation and interdisciplinary collaboration between all critical care and rehabilitation clinicians. This conference will bridge the interdisciplinary gap from research to clinical implementation at the bedside.

#### WHO SHOULD ATTEND

This activity is intended for physical therapists, occupational therapists, speech-language pathologists, respiratory therapists, physiatrists, ICU physicians, physician assistants, nurse practitioners, nurses, psychologists, and psychiatrists.

#### **OBJECTIVES**

After attending this activity, the learner will demonstrate the ability to:

- Appraise the evidence supporting early rehabilitation and mobility in critically ill adults and children.
- Describe and discuss how to change ICU clinical practice to implement early rehabilitation programs.
- Describe the management of ICU medications, devices (including mechanical ventilation and tracheostomy), and monitoring systems for rehabilitation of adult and pediatric ICU patients.
- Explain rehabilitation-related assessments and interventions suitable for adult and pediatric ICU and acute care patients.
- Describe strategies to engage critically ill patients and their families for activity and mobility, including communication and psychology-based strategies.
- Describe the impact and challenges of ICU survivorship on patients and their families, including Post-Intensive Care Syndrome (PICS) and care delivery in post-ICU critical care settings.
- Explain current practice and interdisciplinary roles of nursing, physical therapy, occupational therapy, speechlanguage pathology, respiratory therapy, psychologists, and child life specialists in an adult and pediatric ICU rehabilitation program.
- Describe disease-specific rehabilitation strategies for critically ill patients.
- Describe an approach to feeding in pediatric ICU populations.
- Describe the management of sedation and delirium for adult and pediatric patients to promote ICU mobility.

#### **LOCATION**

## This conference is delivered in an entirely virtual/online format.

You will receive further information on how to access online content closer to the conference date via email.

#### **SYLLABUS**

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity. A link to the e-syllabus will also be made available to all registrants prior to the conference. **No printed syllabus will be provided**.

#### **COMMERCIAL SUPPORT**

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any commercial entity, including pharmaceutical and medical device manufacturers, for this activity.

#### POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

#### **AMERICANS WITH DISABILITIES ACT**

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

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#### INTERNET CME POLICY

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#### **DISCLAIMER STATEMENT**

The opinions and recommendations expressed by faculty and other experts whose input is included in this program are their own. This activity is produced for educational purposes only. Use of Johns Hopkins School of Medicine name implies review of educational format design and approach. Please review the complete prescribing information of specific drugs or combination of drugs, including indications, contraindications, warnings and adverse effects before administering pharmacologic therapy to patients.

## **PROFESSIONAL ASSOCIATIONS**



This conference is sponsored by APTA Acute Care, an Academy of the American Physical Therapy Association



This conference is sponsored by the Academy of Cardiovascular & Pulmonary Physical Therapy



This conference is supported by the American Speech-Language-Hearing Association



This conference is endorsed by the American Thoracic Society



This conference is sponsored by the American Delirium Society

## **ACCREDITATION AND CONTINUING EDUCATION INFORMATION**

#### **ACCREDITATION STATEMENT**

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



#### **CREDIT DESIGNATION STATEMENT**

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 24.25 *AMA PRA Category 1 Credits* $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **OTHER CREDITS**

- American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category 1 Credits<sup>™</sup> from organizations accredited by the ACCME.
- American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credits<sup>TM</sup> from organizations accredited by the ACCME.
- National Commission on Certification of Physician Assistants (NCCPA) may claim a maximum of 24.25 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credits™ from organizations accredited by ACCME or a recognized state medical society.
- American Occupational Therapy Association, Inc. (AOTA)
   The Johns Hopkins University School of Medicine is an AOTA Approved Provider of professional development. Course approval ID# 04937. This distance learning- Independent/ Interactive is offered at 2.4 CEUs Intermediate, OT Service Delivery/Foundational Knowledge.
- American Speech-Language-Hearing Association (ASHA)



Kennedy Krieger Institute

Various Level Up to 3.0 ASHA CEUs

#### **HOW TO OBTAIN CREDIT**

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is December 19, 2022.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

#### PHYSICAL THERAPY

- New York State Education Department Office of the Professions has approved Johns Hopkins University School of Medicine as a sponsor of continuing education for physical therapists and physical therapist assistants
- **Pennsylvania:** This activity has been pre-approved by the State Board of Physical Therapy.
- The Virginia Board \*of Physical Therapy accepts AMA PRA Category 1 Credits from organizations accredited by the ACCME.
- Johns Hopkins University School of Medicine is an approved provider of Continuing Competence Activities through the APTA North Carolina. Provider Number: 22-0511-022
- The Tennessee Physical Therapy Association has approved this activity for 2.4 CEUs/ 24.25 contact hours of Class 1 Continuing Education from May 9, 2022- May 8, 2023. APTA TN Approval number #2022-120
- The Illinois Chapter Continuing Education Committee has certified that this course meets the criteria for approval of Continuing Education offerings established by The Illinois Physical Therapy Association. Approved CE Hours: 24
- The Eleventh Annual Johns Hopkins Critical Care Rehabilitation Conference for Johns Hopkins School of Medicine for Florida Board of Physical Therapy Practice professionals has been registered. CE Broker Tracking #: 20-920573
- New Jersey State Board of Physical Therapy Examiners:
   This course was approved for 24.25 continuing education credits. NJBPTE Course Approval Number: 2205-05
- The Ohio Physical Therapy Association (OPTA) has approved this course for 19 hours. Approval number 22S2332. Effective Date: 11/2/2022 to 11/2/2023
- California: The 11th Annual Johns Hopkins Critical Care Conference has been approved by ACEND for 2.5 CEUs. Approved provider ID # ACE2250-01
- This activity has been approved by the Texas Board of Physical Therapy Examiners for 24.25 CCUs for PTs and PTAs. Approval Number is 76106TX.
- This course has been approved by the Maryland State Board of Physical Therapy Examiners for 2.42 CEUs

The following do not pre-approve CE courses. Licensees must self-report:

- Connecticut State Department of Public Health
- Michigan Board of Physical Therapy
- Washington State Department of Health

#### PAYMENT AND REGISTRATION INFORMATION

Registration Deadline: Oct. 27, 2022 at 5pm Eastern Time

Register Online: <a href="https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38620">https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38620</a>

Registration Options	Early Bird Pricing Until June 30, 2022	Regular Pricing After June 30, 2022
#1 Pre-Conference on Hospital-Wide Activity & Mobility Promotion  November 2, 2022  [Same Content as 2021 Conference]	\$145.00	\$175.00
#2 ICU Rehab Foundations (Adult + Pediatric) + Pre-Conference (see #1 above)  November 2-3, 2022  This is introductory material covering foundational topics in the field [Same Content as 2021 Conference]	\$290.00	\$345.00
#3 ICU Rehab MAIN Conference (Adult + Pediatric)  November 4-5, 2022  This 2-day MAIN conference is for repeat Conference attendees; it does not cover introductory material. First-time attendees should register for "All Conference Content" (see #4 below)  [All NEW content focused on latest updates since 2021]  PREREQUISITE: Prior Attendance at Foundations Course	\$370.00	\$495.00
#4 All Conference Content (Adult + Pediatric)  November 2-5, 2022  (Pre-Conference, Foundations & Main Conference)  (see #1, #2, #3 above)	\$560.00	\$715.00

**Methods of Payment:** We require full payment prior to the start of the activity.

## TO REGISTER OR FOR FURTHER INFORMATION Register online (Preferred):

https://hopkinscme.cloud-cme.com/course/courseoverview? P=0&EID=38620

Register by Phone	(410) 502-9636
Register by Fax	(866) 510-7088
Confirmation/Certificates/Transcrip	ots(410) 502-9636
General Information	(410)955-2959
E-mail the Office of CME	

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## CloudCME

Check out our mobile app CloudCME. Organization Code: *HopkinsCME* 

For website and CloudCME mobile app technical difficulties, email: cmetechsupport@jhmi.edu

For general information, please visit the activity webpage at: <a href="https://hopkinscme.cloud-cme.com/course/courseoverview?">https://hopkinscme.cloud-cme.com/course/courseoverview?</a>
P=0&EID=38620

The dates included in the pricing table above are in reference to the subsequent pages, which detail the agenda for our live virtual conference (November 2-5, 2022).

Please note, your registration will give you access to the live virtual conference, as well as unlimited, on-demand online access to all conference content from October 20, 2022 to December 19, 2022.

You will receive a confirmation by e-mail. If you have not received it by October 27, 2022, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee.

#### LATE FEE AND REFUND POLICY

The cancellation deadline is October 27, 2022. A handling fee of \$25 will be deducted for cancellation. Refund requests must be received by fax or mail by October 27, 2022. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

## Wednesday, November 2, 2022

Content also available on-demand via online conference platform from Oct. 20 - Dec. 19, 2022

Note: All times displayed below are in reference to Eastern Daylight Time, USA. This is same time-zone as New York City.



# Pre-Conference on Hospital-Wide Activity & Mobility Promotion

#### Welcome and Opening Remarks

9:00 - 9:10 Primer on Social Media by Michael Friedman, PT, MBA 9:10 - 9:15 Welcome and Conference Goals by Michael Friedman, PT, MBA

#### Session 1

#### Rationale, Evidence & The JH-AMP 8 Step Framework

9:15 - 9:45 Rationale, Evidence & The JH-AMP 8 Step Framework
Eleni D. Flanagan, DNP, MBA, RN-BC
Michael Friedman, PT, MBA
Annette Lavezza, OTR/L

#### Session 2

#### Systematic Measurement & Daily Mobility Goal

9:45 - 10:35 Systematic Measurement & Daily Mobility Goal Eleni D. Flanagan, DNP, MBA, RN-BC Michael Friedman, PT, MBA Annette Lavezza, OTR/L

10:35 - 10:55 **Break** 10:55 - 11:35 **Discussion** 

#### **Session 3**

#### Barrier Mitigation & Interdisciplinary Roles

11:35 - 12:15 Barrier Mitigation & Interdisciplinary Roles
Eleni D. Flanagan, DNP, MBA, RN-BC
Michael Friedman, PT, MBA
Annette Lavezza, OTR/L

12:15 - 12:45 **Discussion** 12:45 - 2:00 **Lunch** 

#### Session 4

#### Education, Workflow, Data Feedback, and Promotion

2:00 - 2:40 Education, Workflow, Data Feedback, and Promotion
Eleni D. Flanagan, DNP, MBA, RN-BC
Michael Friedman, PT, MBA
Annette Lavezza, OTR/L
2:40 - 3:10 Discussion

3:10 - 3:30 **Break** 

#### Session 5

#### Design Workshop: Putting it all Together

3:30 - 4:30 Implementation Plan and Timeline
Eleni D. Flanagan, DNP, MBA, RN-BC
Michael Friedman, PT, MBA
Annette Lavezza, OTR/L

4:30 - 4:45 Review of Resources and Closing Remarks

## **Thursday, November 3, 2022**

Content also available on-demand via online conference platform from Oct. 20 - Dec. 19, 2022

Note: All times displayed below are in reference to Eastern Daylight Time, USA. This is same time-zone as New York City.

**Simultaneous Tracks** 

#### **Adult ICU Rehabilitation Foundations Course**

8:10 - 8:15	Welcome and Conference Goals by Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM	8:10 - 8:15	Welco Hallie
Session 1		Session 1	
	d Evidence for Early Rehabilitation	Pediatric IC	
8:15 - 8:30	ICU-Acquired Weakness and Long-Term Patient Outcomes	8:15 - 8:35	Peds Sapn
8:30 - 8:50	Dale Needham, FCPA, MD, PhD  Culture Change to Promote Early Rehabilitation in the ICU	8:35 - 8:50	Char
0.00 0.00	Jennifer Zanni, PT, DScPT, CCS	0.55 - 0.50	Judit
8:50 - 9:05	Safety Criteria for Mobilization of ICU Patients	8:50 - 9:10	Optii
	Jennifer Zanni, PT, DScPT, CCS		Megh
9:05 - 9:25	Evidence for Early Rehabilitation in the ICU	9:10 - 9:30	Crea
	Dale Needham, FCPA, MD, PhD		Sean
9:25 - 9:40	Overview of Sedation and Delirium in the ICU	9:30 - 9:50	Start
9:40 -10:00	Karin Neufeld, MD, MPH  Cognition and Delirium: Assessment and Intervention		Beth
9.40 -10.00	Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM and	9:50 - 10:05	Wha
	Therese Kling-Cole, MA, CCC-SLP, BCS-S		Sapn
10:00 - 10:20	Question and Answer	10:05 - 10:20	
10:20 - 10:55	Break and Networking Session for Pediatrics Sapna Kudchadkar, MD, PhD & Hallie Lenker, PT, DPT	10:20 - 10:55	<b>Brea</b> Sapn
	Sapria Nuuchaukai, MD, PhD & Haille Lehkel, PT, DPT		oup.
Session 2		Session 2	
	g and Sustaining an ICU Rehabilitation Program	Therapy Cha	ampion
		10:55 - 11:25	
10:55 - 11:10	Role of Physical Therapy Kerry Lammers, PT, DPT, CCS, CCI		Yiota
11:10 - 11:25	Role of Occupational Therapy	11:25 - 11:40	and I
	Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM	11.25 - 11.40	Yun
11:25 - 11:40	Role of Speech-Language Pathology Therese Kling-Cole, MA, CCC-SLP, BCS-S	11:40 - 11:55	
11:40 - 11:55	Role of Respiratory Therapy		Julie
	Deadria Clarke, RRT	11:55 - 12:10	Fami
11:55 - 12:10	Role of Nursing		Emily
	Sam Young, MS, RN	12:10 - 12:30	-
12:10 - 12:30 12:30 - 1:30	Question and Answer Lunch Break	12:30 - 1:30 1:30 - 2:00	Lund
1:30 - 2:00	Break and Networking Session for Nurses	1.30 - 2.00	Eliza
	Elizabeth Zink, PhD, MSN, RN	Canaian 0	
		Session 3 The Pediati	
Session 3		2:00 - 2:20	Sup
Specialized A	Assessment and Intervention		Sapr
2:00 - 2:25	Integrated Therapy Care in the ICU	2:20 - 2:40	PICL
	Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM;		Emily —•
	Deadria Clarke, RRT; Therese Kling-Cole, MA, CCC-SLP, BCS-S and Kerry Lammers, PT, DPT, CCS	2:40 - 2:55	<b>The</b> Caro
2:25 - 2:55	Functional Assessment Measures	2:55 - 3:10	Resp
	Annette Lavezza, OTR/L and Daniel Young, PT, DPT, PhD	2.00 0.10	Krista
2:55 - 3:20	Advancing Mobility Through Safe Patient Handling	3:10 - 3:30	Mob
3:20 - 3:45	Danny Ludwig, PT, DPT, NCS  Question and Answer		Amy
3:45 - 4:15	Break and Networking Session for Speech-Language Pathologists	3:30 - 3:45	Ques
	Nicole Frost, MA, CCC-SLP, BCS-S	3:45 - 4:15	Break
Session 4		Session 4	Nicol
Medical Inter	ventions	Nuts and B	
4:15 - 4:35	Critical Care Medications	4:15 - 4:35	Critic
	Kerry Lammers, PT, DPT, CCS, CCI	4:35 - 4:55	Sapr
4:35 - 5:05	Understanding Mechanical Ventilation Jennifer Zanni, PT, DScPT, CCS	4.55 - 4.55	<b>Opti</b> Halli
	ocininoi zaitii, i i, Doci i, CCo		

Lines, Tubes, Drains, and ICU Monitoring Systems

Day 1 Wrap-Up by Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM

Danny Ludwig, PT, DPT, NCS

**Question and Answer** 

5:05 - 5:25

5:25 - 5:45

5:45 - 5:50

#### Pediatric ICU Rehabilitation Foundations Course

8:10 - 8:15	Welcome and Conference Goals by Sapna Kudchadkar, MD, PhD a	anc
	Hallie Lenker, PT, DPT	

Session 1	Rehab: Using The Evidence Base to Get Started
8:15 - 8:35	Peds ICU Rehab: Where We've Come and Where We're Headed
	Sapna Kudchadkar, MD, PhD
8:35 - 8:50	Changing PICU Culture: Creating the Multidisciplinary ICU Rehab Team Judith Ascenzi, DNP, RN
0.50 0.10	Optimizing Sedation in the PICU
8:50 - 9:10	Meghan Shackelford, MSN, CRNP-AC
0.10 0.20	Creating a Healing PICU Environment: Sleep and Delirium Issues
9:10 - 9:30	Sean Barnes, MD, MBA
9:30 - 9:50	Starting a PICU Early Mobilization Program
9.30 - 9.30	Beth Wieczorek, DNP, CRNP
9:50 - 10:05	What Metrics Matter for PICU Early Mobility Program
9.50 - 10.05	Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MSEd, PCS
10.05 10.00	Question and Answer
10:05 - 10:20	
10:20 - 10:55	Break and Networking Session for Pediatrics Sapna Kudchadkar, MD, PhD & Hallie Lenker, PT, DPT
Session 2	
Therapy Chan	npions: The Key to Success in Rehab for Critically III Children
10:55 - 11:25	The Collaborative Therapy Team: PT, OT, and SLP
	Yiota Senekki-Florent, Ph.D., CCC-SLP, BCS-S; Yun Kim, MS, OTR/L;
	and Hallie Lenker, PT, DPT
11:25 - 11:40	Starting an Augmentative and Assistive Communication Program
	Yun Kim, MS, OTR/L and Emily Warren, MSN, RN, ACCNS-P, CCRN-K
11:40 - 11:55	Optimizing Therapy Care Using Static Resources
	Julie Quinn, PT, MSEd, PCS
11:55 - 12:10	Family Engagement: A Key Resource for ICU Rehab
10.10 10.00	Emily Carlton, CCLS
	Question and Answer
12:30 - 1:30	Lunch Break  Break and Naturation Session for Nurses
1:30 - 2:00	Break and Networking Session for Nurses Elizabeth Zink, PhD, MSN, RN
Session 3	
	c ICU Team: Translating Mobility Programs Into Practice
2:00 - 2:20	Supporting Team Research in PICU Rehab
	Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MSEd
2:20 - 2:40	PICU Nurses as Early Rehab Champions
	Emily Warren, MSN, RN, ACCNS-P, CCRN-K
2:40 - 2:55	The Role of Child Life Specialists
	Caroline Potter, MS, CCLS, CIMI
2:55 - 3:10	Respiratory Therapy and Pediatric Mobility Programs
	Krista Hajnik, BHSc, RRT-NPS and Stephanie Hazen, BSc, RRT-NPS
3:10 - 3:30	Mobilizing the Complex Patient: Case Studies
	Amy Bayliss, MS, OTR/L and Meghan Moore, PT, DPT, NCS
3:30 - 3:45	Question and Answer
3:45 - 4:15	Break and Networking Session for Speech-Language Pathologists Nicole Frost, MA, CCC-SLP, BCS-S
Session 4	
	lts: Key Logistical Issues in PICU Mobility
4:15 - 4:35	Critical Care Meds in Pediatrics
4:2E 4:EE	Sapna Kudchadkar, MD, PhD and Hallie Lenker, PT, DPT
4:35 - 4:55	Optimizing Mobility Using Equipment and Positioning Aids Hallie Lenker, PT, DPT and Julie Patterson, MS, OTR/L
4:55 - 5:35	Case Studies: Putting It All Together
	Sapna Kudchadkar, MD, PhD

Question and Answer, Panel Discussion and Wrap-Up by Sapna

5:35 - 5:50

Kudchadkar, MD, PhD

## Friday, November 4, 2022

MAIN Conference All-new content, featuring the latest updates from 2021

Content also available on-demand via online conference platform from Oct. 20 - Dec. 19, 2022

Note: All times displayed below are in reference to Eastern Daylight Time, USA. This is same time-zone as New York City.

#### **Combined Adult and Pediatric Content**

7:30 - 8:30	<b>Poster View</b>	ing Session	(Virtual)

Welcome and Opening Remarks

8:30 - 8:45 Welcome by Dale Needham, FCPA, MD, PhD

8:45 - 9:00 Primer on Social Media by Sapna Kudchadkar, MD, PhD

#### Session 1

A Patient and Family Perspective

9:00 - 9:25 Pediatric Patient and Family Interview

9:25 - 9:40 Question and Answer

9:40 -10:15 Break and Networking Session for Physical Therapists

Alexandra Hayman, PT

#### **Simultaneous Tracks**

#### **Adult ICU Rehabilitation**

#### Session 2

2021-2022 Advances in Research and Practice for ICU Mobilization

10:15 - 10:35 Latest Updates in ICU Rehabilitation
Dale Needham, FCPA, MD, PhD

10:35 - 10:55 Recent Advances in Clinical Decision-Making for ICU

Danny Ludwig, PT, DPT, NCS

10:55 - 11:15 ICU Nurses for Early Mobilization: Recent Updates

Elizabeth Zink, PhD, MSN, RN

11:15 - 11:30 Question and Answer

11:30 - 12:30 Poster Viewing Session (Virtual)

12:30 - 12:45 Break

#### **Session 3**

OT and SLP in the ICU: Latest Updates Over 2021-2022

12:45 - 1:00 OT Functional Activity in the ICU: Latest Updates
Kelly Casey, OTD, OTR/L, BCPR, ATP

1:00 - 1:20 Swallowing & Voice Interventions by SLP: Recent

Advances
Martin Brodsky, PhD, ScM, CCC-SLP, F-ASHA

1:20 - 1:35 Recent Advances for OT Addressing Cognitive Impairment Kelly Casey, OTD, OTR/L, BCPR, ATP

1:35 - 1:55 Updates on SLP Interventions for Communication & Cognition in the ICU

#### Session 4

Psychological Issues for ICU Rehab

2:15 - 2:40 Sedation & Delirium in the ICU: Updates from Past Year Dale Needham, FCPA, MD, PhD

2:40 - 3:00 Understanding Trauma Informed Care in the ICU Setting Megan Hosey, PhD

3:00 - 3:15 Question and Answer

3:15 - 3:50 Break and Networking Session for Occupational Therapy Kelly Casey, OTD, OTR/L, BCPR, ATP

#### Pediatric ICU Rehabilitation

#### Session 2

What's New and Different in PICU Mobility

10:15 - 10:30 Latest and Greatest in PICU Rehabilitation (Literature Update)
Sapna Kudchadkar, MD, PhD

10:30 - 10:50 Post Intensive Care Syndrome in Pediatric ICU Survivors: What's New?

Sapna Kudchadkar, MD, PhD and Hallie Lenker, PT, DPT

10:50 - 11:00 What's New in Pediatric ECMO and Mobility
Jennifer Snider, MSN, CPNP-AC

11:00 - 11:15 Multidisciplinary Approach to Complex Critical Infants in the PICU Kerry Vela, PT, DPT & Bethany Kirby, MS, CCC-SLP, BCS-S, CNT

11:15 - 11:30 Question and Answer

11:30 - 12:30 Poster Viewing Session (Virtual)

12:30 - 12:45 Break

#### **Session 3**

Special Considerations for PICU Mobility

12:45 - 1:15 Facilitating Development in the Cardiac Infant
Kathryn Curley, MS, CCC-SLP; Julie Patterson, MS, OTRL,

Heather Miller, PT, DPT

Heather Willer, FT, DFT

1:15 - 1:30 Facilitating Communication with Trach and Vent patients
Kathryn Curley, MS, CCC-SLP; Stephanie Hazen, BSc, RRT-NPS

1:30 - 1:40 Taking Play to the Next Level for Mobility in Pediatric Critical Care

Nilu Rahman, MS, CCLS; Caroline Potter, MS, CCLS, CIMI

Wild Ratiffall, W.S., CCLS, Caloliffe Poller, W.S., CCLS, Cliv

1:40 - 1:50 Pulmonary Interventions to Facilitate Mobility

Holly Loosen, PT

1:50 - 2:05 Question and Answer

#### Session 4

The Critically III Infant and Toddler

2:05 - 2:30 Engaging Staff and Family for Early Mobility

Hallie Lenker, PT, DPT

2:30 - 2:45 Using QI to Create Change for Early Mobility

Sarah Hodgson, MSOT, OTR/L, Julie Miller, PT, DPT

 $2:\!45$  -  $3:\!05$   $\;$  Utilizing Simulation to Optimize and Promote Safe Early Mobility

Jessica LaRosa, MD

3:05 - 3:20 Question and Answer

3:20 - 3:50 Break and Networking Session for Occupational Therapy

Kelly Casey, OTD, OTR/L, BCPR, ATP

#### **Combined Adult and Pediatric Content**

#### Session 5

Oral Abstract Presentations, Part 1

3:50 - 4:50 Abstract Presentations with Question and Answer 4:50 - 5:00 Day 2 Wrap-Up by Dale Needham, FCPA, MD, PhD

## Saturday, November 5, 2022 MAIN Conference All-new content, featuring the latest updates from 2021

Content also available on-demand via online conference platform from Oct. 20 - Dec. 19, 2022

Note: All times displayed below are in reference to Eastern Daylight Time, USA. This is same time-zone as New York City.

#### **Combined Adult and Pediatric Content**

#### Welcome and Opening Remarks

Welcome by Dale Needham, FCPA, MD, PhD 8:25 - 8:30

Social Media Update by Sapna Kudchadkar, MD, PhD 8:30 - 8:40

#### **Session 1**

#### A Patient Perspective

8:40 - 9:05 **Adult Patient Interview** 9:05 - 9:20 **Question and Answer** 

#### **Session 2**

#### Next Steps for Post-Conference Success

9:20 - 9:35 Helpful Resources for ICU Rehabilitation Dale Needham, FCPA, MD, PhD 9:35 - 9:40 **Ouestion and Answer** 9:40-10:15 **Break** 

#### Session 3

#### Workshops with Multi-Disciplinary ICU Rehabilitation Experts

10:15 - 12:15 Six Simultaneous Workshops

Workshop 1 Culture Change to Advance Sedation, Delirium, and Mobility Practice Facilitator: Dale Needham, FCPA, MD, PhD

Workshop 2 Neuropsychiatric Issues in the ICU and Beyond

Facilitator: Megan Hosey, PhD

Workshop 3 Rehabilitation Issues in a Pediatric ICU

Facilitators: Sapna Kudchadkar, MD, PhD and Hallie Lenker, PT, DPT

Rehabilitation Issues in Adult Surgical and Cardiac ICUs Workshop 4

Facilitator: Paul Ricard, PT, DPT, CCS

Workshop 5 Rehabilitation Issues in an Adult Medical ICU

Facilitator: Alexandra Hayman, PT, DPT

Workshop 6 Rehabilitation Issues in a Neurological ICU

Facilitator: Sowmya Kumble, PT, MPT, NCS

12:15 - 1:15 **Poster Viewing Session Virtual** 

1:15 - 1:30 **Break** 

#### **Session 4**

Oral Abstract Presentations, Part 2

1:30 - 2:30 Abstract Presentations with Question and Answer

#### Session 5

ICU Patients After the ICU

2:30 - 2:50	Activity and Mobility Promotion Throughout the Hospital Michael Friedman, PT, MBA
2:50 - 3:10	Updates in ICU Survivorship
	Dale Needham, FCPA, MD, PhD
3:10 - 3:30	Post-ICU Follow-Up Clinics
	Ann Parker, MD, PhD
3:30 - 3:45	Question and Answer
3:45 - 3:50	Conference Wrap-Up by Dale Needham, FCPA, MD, PhD
3:50	Adjourn - You will receive an email notification to
	complete the evaluation form and to attest to the number

of hours in attendance.



#### **ACTIVITY DIRECTOR**

Dale Needham, FCPA, MD, PhD

Professor

Division of Pulmonary and Critical Care Medicine Department of Physical Medicine and Rehabilitation Medical Director, Critical Care Physical Medicine and Rehabilitation Program

Johns Hopkins School of Medicine

#### **PLANNING COMMITTEE**

Michael Friedman, PT, MBA

Director of Strategic Program Development Physical Medicine and Rehabilitation

The Johns Hopkins Hospital

Sapna Kudchadkar, MD, PhD

Vice Chair for Pediatric Anesthesiology and Critical Care Medicine

Director, PICU Clinical Research Program Johns Hopkins University School of Medicine

**JOHNS HOPKINS SPEAKERS** 

Judith Ascenzi, DNP, RN

Director of Pediatric Nursing Program

Sean Barnes, MD, MBA

Assistant Professor

Amy Bayliss, MS, OTR/L

Occupational Therapist

Martin Brodsky, PhD, ScM, CCC-SLP, F-ASHA

Associate Professor

**Emily Carlton, CCLS** 

Child Life Specialist

Kathryn Curley, MS, CCC-SLP

Speech-Language Pathologist

Eleni D. Flanagan, DNP, MBA, RN-BC

Assistant Director of Nursing

Nicole Frost, MA, CCC-SLP, BCS-S

Rehab Team Leader

Krista Hajnik, BHSc, RRT-NPS

Respiratory Care Clinical Specialist

Alexandra Hayman, PT

Clinical Specialist

Stephanie Hazen, BSc, RRT-NPS

Respiratory Care Clinical Specialist

Sarah Hodgson, MS, OTR/L

Occupational Therapist

Megan Hosey, PhD

Assistant Professor

Annette Lavezza, OTR/L

Director, Inpatient Therapy Services Physical Medicine and Rehabilitation

The Johns Hopkins Hospital

Hallie Lenker, PT, DPT

Rehabilitation Team Coordinator

**Pediatrics** 

The Johns Hopkins Hospital

Bethany Kirby, MS, CCC-SLP, BCS-S, CNT

Speech-Language Pathologist

Therese Kling-Cole, MA, CCC-SLP, BCS-S

Speech-Language Pathologist

Sowmya Kumble, PT, MPT, NCS

Clinical Resource Analyst

Jessica LaRosa, MD

Assistant Professor

Holly Loosen, PT

Physical Therapist

Danny Ludwig, PT, DPT

Clinical Specialist

Julie Miller, PT, DPT

**Physical Therapist** 

Heather Miller, PT, DPT, PCS

Rehab Team Leader

Karin Neufeld, MD, MPH

Professor; Psychiatry and Behavioral

Sciences

Ann Parker, MD

Assistant Professor

Julie Patterson, MS, OTR/L

Occupational Therapist

Caroline Potter, MS, CCLS, CIMI

Child Life Specialist

Nilu Rahman, MS, CCLS

Child Life Specialist

Paul Ricard, PT, DPT, CCS

Rehabilitation Clinical Specialist

Victor Dinglas, MPH

Division of Pulmonary and Critical Care Medicine

Johns Hopkins University School of Medicine

Kelly Casey, OTD, OTR/L, BCPR, ATP

Rehab Team Leader

The Johns Hopkins Hospital

Yiota Senekkis-Florent, Ph.D., CCC-SLP, BCS-S

Speech-Language Pathologist

Meghan Shackelford, MSN, CRNP-AC

Nurse Practitioner

Jennifer Snider, MSN, CPNP-AC

Senior Nurse Practitioner

Kerry Vela, PT, DPT, PCS

**Physical Therapist** 

Emily Warren, MSN, RN, ACCNS-P, CCRN-K

Clinical Nurse Specialist

Beth Wieczorek, DNP, CRNP

Nurse Practitioner Manager

Sam Young, MS, RN

Clinical Nurse Specialist

Jennifer Zanni, PT, DScPT, CCS

**Physical Therapist** 

Elizabeth Zink, PhD, MSN, RN

Clinical Nurse Specialist

#### **GUEST SPEAKERS**

#### Yun Kim, MS, OTR/L

Occupational Therapist Montgomery County Public Schools Rockville, Maryland

#### Kerry Lammers, PT, DPT, CCS, CCI

Rehab Services Manager The Ohio State University Wexner Medical Center Columbus, Ohio

#### Meghan Moore, PT, DPT

Physical Therapist Colorado Children's Hospital Aurora, Colorado

#### Julie Quinn, PT, MSEd, PCS

Director of Rehabilitation Mt. Washington Pediatric Hospital Baltimore, Maryland

#### Daniel Young, PT, DPT, PhD

Associate Professor University of Nevada Las Vegas, Nevada

#### Deadria Clarke, RRT

Adult Respiratory Care Practitioner Northwest Hospital Baltimore, Maryland



Main Conference (Adult + Peds)

## 11th Annual Johns Hopkins Critical Care Rehabilitation Conference

Live Virtual Conference: November 2-5, 2022 Unlimited On-Demand Online Access: Oct 20 to Dec 19, 2022

#### To Register:

#### Online (Preferred): https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=38620

Or mail this form to the M&T Bank Johns Hopkins University, Office of CME P.O. Box 64128, Baltimore, Maryland 21264-4128. Include e-check or credit card information below. **Must be postmarked prior to 10/27/2022.** 

#### FULL PAYMENT IS REQUIRED PRIOR TO THE START OF ACTIVITY.

☐ I am a Johns Hopkins speaker for	this activity		
Last name			First name M.I.
Highest Degree Primary Sp		ary Specialty	Hopkins Faculty/Staff Only - JHED ID
For Physicians Only NPI 10 digit #	State	License #	State of License Expiration Date
Organization	Maili	ng Address	
City			State Zip + 4 Code Country
Daytime Telephone			Fax Number
email (required)			
ONFERENCE FEES  Registration Options	Early Bird Pricin	g Regular Pricir	Payment Type:
#1 Pre-Conference on Hospital-Wide Activity & Mobility Promotion November 2, 2022 [Same Content as 2021 Conference]	\$145.00	After June 30, 2 \$175.00	Benefit or an ION budget, please upload your fully completed and approved form in the payment section of the online activity link above.
#2 ICU Rehab Foundations (Adult + Pediatric) + Pre-Conference (see #1 above) November 2-3, 2022 This is introductory material covering foundational topics in the field [Same Content as 2021 Conference]	\$290.00	\$345.00	TR Form: hr,jhu.edu/wp-content/uploads/2019/03/trffacandstaff.p  ION Form: hopkinscme.edu/migration/lonRequest.pdf  e-Check
#3 ICU Rehab MAIN Conference (Adult + Pediatric November 4-5, 2022  This 2-day MAIN conference is for repeat Conference attendees; it does not cover introductory material. First-tattendees should register for "All Conference Content (see #4 below)  [All NEW content focused on latest updates since 2!  PREREQUISITE: Prior Attendance at Foundations Co	\$370.00 \$370.00	\$495.00	Routing Number
#4 All Conference Content (Adult + Pediatric) November 2-5, 2022  (Pre-Conference, Foundations & Main Conference, (see #1, #2, #3 above)	\$560.00	\$715.00	Name on Card
istration Type (Select ONE of MP Pre-Conference only (Nov 2) foundations (Adult + Peds) + Pre-Co	onf (Nov 2-3)	☐ Works	hop Selections for Main Conference: Sat. Nov 5 (Select ONE On kshop 1: Culture Change to Advance Sedation, Delirium, and Mobility Practice kshop 2: Neuropsychiatric Issues in the ICU and Beyond
All Conference Content (Nov 2-5):  Pre-Conference,		☐ Works	kshop 3: Rehabilitation Issues in a Pediatric ICU kshop 4: Rehabilitation Issues in Adult Surgical and Cardiac ICUs kshop 5: Rehabilitation Issues in an Adult Medical ICU

☐ Workshop 6: Rehabilitation issues in a Neuro ICU