

### ICU Activity Codes and Definitions (August 15, 2012)

<b>Activity Code</b>	<b>Definitions</b>
nothing (lying in bed)	passively rolled or exercised by staff, but not actively moving
transferring bed to chair <b>without standing</b>	hoist, passive lift or slide transfer to the chair without standing
sitting in bed/exercises in bed	any activity in bed, including rolling, bridging, active exercises, <b>cycle ergometer</b> , or active assisted exercises; not moving out of bed or over the edge of the bed
tilt table/tilt bed	use of tilt table or title table function with hospital bed
sitting at edge of bed	actively sitting over the side of the bed with some trunk control (may be assisted by staff)
standing	weight bearing through the feet in the standing position with or without assistance; <b>may include use of a standing lifter</b>
transferring bed to chair <b>with standing</b>	able to step or shuffle through standing to the chair; this involves actively transferring weight from one leg to another to move to the chair. If the patient has been stood with a machine, they must step to the chair.
marching in place	able to walk in place by lifting alternate feet (must be able to step at least 4 times = 2 on each foot), with or without assistance
walking with assistance of 2 or more people	walking away from the bed/chair by <b>at least 4 steps (2 for each foot)</b> assisted by 2 or more people
walking with assistance of 1 person	walking away from the bed/chair by <b>at least 4 steps (2 for each foot)</b> assisted by 1 person
walking with gait aid, but without assistance of any person (or wheel chair ambulation)	walking away from the bed/chair by <b>at least 4 steps (2 for each foot)</b> with a gait aid, but no assistance from another person. In a wheelchair bound person, this includes <b>wheeling the chair without assistance</b>
walking without a gait aid and without assistance of any person	walking away from the bed/chair <b>by at least 4 steps (2 for each foot)</b> without assistance from a person or a gait aid
Unknown	it is unknown regarding what activity, if any, occurred

At Johns Hopkins, we also use additional coding to indicate use of selected technologies in rehabilitation treatment sessions, including indicators for each of the following:

- Cycle ergometer (eg, Letto)
- Neuromuscular electrical stimulation
- Interactive video game (eg, Wii)
- Standing lift device

Downloaded from [www.icurehabnetwork.org](http://www.icurehabnetwork.org)

For more information, contact: [dale.needham@jhmi.edu](mailto:dale.needham@jhmi.edu) or [carol.hodgson@monash.edu](mailto:carol.hodgson@monash.edu)