

@ICURehab Resource Sheet

Dale Needham, MD, PhD (dale.needham@jhmi.edu) – OACIS Group, Johns Hopkins University

Educational Opportunities

Register Now!

10th Annual Johns Hopkins
Critical Care Rehab **Virtual** Conference

Live Virtual Conference: Nov 4-6, 2021

+ Unlimited On-Demand Online Access:
Oct 21 – Dec 15, 2021

Conference info: <https://ICURehabNetwork.org>

Available Now

@ICURehab Webinars

- Post-Intensive Care Syndrome
- Hospital-wide Activity & Mobility
- COVID-19 Recovery
- Pediatric ICU Rehab & Outcomes

Archived at: <https://icurehabnetwork.org/webinars>

Rehab-Related Perspectives for COVID-19 Webinar Series

- Post-ICU Recovery Clinics
- Adult ICU Rehab
- Pediatric ICU Rehab
- Hospital-Wide Activity and Mobility

Archived at: <https://ICURehabNetwork.org>

Electronic Resources

AHRQ Early Mobility Guide
<http://bit.ly/2ADOErY>

Early Mobility Toolkit Modules
<http://bit.ly/2qIdXsY>

International Mobilization Network
<http://mobilization-network.org/Network/Publications.html>

Johns Hopkins OACIS group
www.hopkinsmedicine.org/OACIS

Improving Long-Term Outcomes
www.improveLTO.com

Helping ICUs Implement ABCDE Bundle
www.hopkinsmedicine.org/armstrong/mvp
www.iculiberation.org

MOVES CANADA
www.movescanada.ca

Twitter (use #icurehab)
[@DrDaleNeedham @ICUrehab](https://twitter.com/DrDaleNeedham)

Monthly email list for new articles

Send request to join: icurehab@jhmi.edu

ICU Recovery Network (IRN)

Access & contribute to ICU Rehab content
Interact with ICU Rehab clinicians (globally)
(Clinicians & Researchers Only)

Send request to join: icurehab@jhmi.edu

Some Useful Literature Lists and Articles

International Mobilization Network reference list: [Click here](#)

Hopkins Critical Care Rehab Conference literature: [Click Here](#)

ICU PT: physiological & safety event data: [Click here](#)

ICU Mobility Scale for recording rehab status in ICU: [Click here](#)

ICU Mobilization: a guide for clinicians (Free full text): [Click Here](#)

"How to Guide" - ICU Rehab Quality Improvement: [Click here](#)

Making the Business Case for ICU Rehab: [Click here](#)

Sedation & Delirium Quality Improvement project: [Click here](#)

Safety Criteria for ICU Rehab (Free full text): [Click here](#)

Version 9.20.21 – This resource sheet is periodically updated.
To download the most recent version (with active hyperlinks for the literature lists and articles above)
Visit us at www.hopkinsmedicine.org/OACIS/ICURehab



Rehabilitation Resources

Hopkins Medicine Resources

Outcomes After Critical Illness & Surgery (OACIS) Group

- Videos & News
- Patient assessment information
- Research studies
- Publications



www.HopkinsMedicine.org/OACIS

Center for Activity and Mobility Promotion (C-AMP)

Access Johns Hopkins Highest Mobility (JH-HLM) scale in 4 languages, along with FAQ document

<http://bit.ly/C-AMP>



Toolkits to Design & Implement an Early Mobility/Rehab Quality Improvement Program

- Adult ICU Rehabilitation
- Pediatric ICU Rehabilitation
- Activity & Mobility Promotion across the Hospital



<http://bit.ly/rehabsol>

Johns Hopkins Welch Medical Library Website for Rehabilitation

Rehabilitation resources, including information on relevant tests and measures, useful websites and literature, links to professional associations, and guidance for authors wanting to publish their work.

(Access to some resources may require a separate subscription)

<http://bit.ly/welchPMR>

Johns Hopkins Rehab Conference: www.hopkinsmedicine.org/OACIS/ICURehab

Twitter: [@ICUrehab](https://twitter.com/ICUrehab) and [@DrDaleNeedham](https://twitter.com/DrDaleNeedham)

Email: icurehab@jhmi.edu



Improving ICU Long-Term Outcomes Research

www.improveLTO.com

- NIH-funded grant for improving outcomes measurement in ICU research
- Info. about ICU-specific measures & long-term outcome measures (physical, cognitive, mental health & quality of life)
- FREE full-text review article on ICU mobility/physical function measures:
<http://rdcu.be/wszU>



www.improveLTO.com

Functional Status Score for the ICU (FSS-ICU)

- Register for FREE access to FSS-ICU: www.ImproveLTO.com
- 20-minute instructional video is available
- Available in 4 languages, along with a pocket card and Frequently Asked Questions (FAQ) document
- Two psychometric analyses for FSS-ICU: <http://bit.ly/2gh9bfL> & <http://bit.ly/2b4gJlx>