

# @ICURehab Resource Sheet

Dale Needham, MD, PhD (dale.needham@jhmi.edu) – OACIS Group, Johns Hopkins University

## Educational Opportunities

### Save the Date!

14<sup>th</sup> Johns Hopkins In-Person  
Critical Care Rehab Conference  
Nov. 6-7, 2025 at Johns Hopkins Hospital

Register NOW for ...  
ICU Rehab Foundations Course (5.5 hr Online)  
[www.icurehabnetwork.org](http://www.icurehabnetwork.org)

### Register now!

8<sup>th</sup> Annual Hospital  
Activity and Mobility Conference

Virtual – April 8 & 9  
In-Person – May 12 & 13  
More info: [www.hopkinsAMP.org](http://www.hopkinsAMP.org)

### Call for Presentation & RSVP to Attend

14<sup>th</sup> International ICU PM&R Meeting  
~1:30–6:30pm, Sat. May 17, 2025  
University of California San Francisco

To Present & for Free registration:  
[ICUrehab@jhmi.edu](mailto:ICUrehab@jhmi.edu)

## Electronic Resources

AHRQ Early Mobility Guide  
<http://bit.ly/2ADOErY>

Early Mobility Toolkit Modules  
<http://bit.ly/2qIdXsY>

Johns Hopkins OACIS group  
[www.hopkinsmedicine.org/OACIS](http://www.hopkinsmedicine.org/OACIS)

Improving Long-Term Outcomes  
[www.improveLTO.com](http://www.improveLTO.com)

Helping ICUs Implement ABCDE Bundle  
[www.hopkinsmedicine.org/armstrong-institute/improvement-projects](http://www.hopkinsmedicine.org/armstrong-institute/improvement-projects)  
[www.iculiberation.org](http://www.iculiberation.org)

MOVES CANADA  
[www.movescanada.ca](http://www.movescanada.ca)

Twitter (use #icurehab)  
[@DrDaleNeedham](https://twitter.com/DrDaleNeedham) [@ICUrehab](https://twitter.com/ICUrehab)

Monthly email list for new articles

Send request to join: [icurehab@jhmi.edu](mailto:icurehab@jhmi.edu)

ICU Recovery Network (IRN)

Access & contribute to ICU Rehab content  
Interact with ICU Rehab clinicians (globally)  
(Clinicians & Researchers Only)

Send request to join: [icurehab@jhmi.edu](mailto:icurehab@jhmi.edu)

### Some Useful Literature Lists and Articles

ICURehab Literature list: [Click here](#)  
Hopkins Critical Care Rehab Conference literature: [Click Here](#)  
ICU PT: physiological & safety event data: [Click here](#)  
ICU Mobility Scale for recording rehab status in ICU: [Click here](#)

"How to Guide" - ICU Rehab Quality Improvement: [Click here](#)  
Making the Business Case for ICU Rehab: [Click here](#)  
Sedation & Delirium Quality Improvement project: [Click here](#)  
Safety Criteria for ICU Rehab (Free full text): [Click here](#)

ICU Mobilization: a guide for clinicians (Free full text): [Click Here](#)

Version 10.30. 2024 – This resource sheet is periodically updated.  
To download the most recent version (with active hyperlinks for the literature lists and articles above)  
Visit us at [www.icurehabnetwork.org/resources/](http://www.icurehabnetwork.org/resources/)



# Rehabilitation Resources

## Hopkins Medicine Resources

### Outcomes After Critical Illness & Surgery (OACIS) Group

- Videos & News
- Patient assessment information
- Research studies
- Publications



[www.HopkinsMedicine.org/OACIS](http://www.HopkinsMedicine.org/OACIS)

### Center for Activity and Mobility Promotion (C-AMP)

Access Johns Hopkins Highest Mobility (JH-HLM) scale in 4 languages, along with  
FAQ document

<http://bit.ly/C-AMP>



### Toolkits to Design & Implement an Early Mobility/Rehab Quality Improvement Program

- Adult ICU Rehabilitation
- Pediatric ICU Rehabilitation
- Activity & Mobility Promotion across the Hospital

<http://bit.ly/rehabsol>



### Johns Hopkins Welch Medical Library Website for Rehabilitation

Rehabilitation resources, including information on relevant tests and measures, useful websites and literature, links to professional associations, and guidance for authors wanting to publish their work.  
(Access to some resources may require a separate subscription)

<http://bit.ly/welchPMR>

Johns Hopkins Rehab Conference: [www.ICUrehabNetwork.org](http://www.ICUrehabNetwork.org)  
Twitter: [@ICUrehab](https://twitter.com/ICUrehab) and [@DrDaleNeedham](https://twitter.com/DrDaleNeedham)  
Email: [icurehab@jhmi.edu](mailto:icurehab@jhmi.edu)



### Improving ICU Long-Term Outcomes Research

[www.improveLTO.com](http://www.improveLTO.com)

- NIH-funded grant for improving outcomes measurement in ICU research
- Info. about ICU-specific measures & long-term outcome measures (physical, cognitive, mental health & quality of life)
- FREE full-text review article on ICU mobility/physical function measures:  
<http://rdcu.be/wszU>



[www.improveLTO.com](http://www.improveLTO.com)

### Functional Status Score for the ICU (FSS-ICU)

- Register for FREE access to FSS-ICU: [www.ImproveLTO.com](http://www.ImproveLTO.com)
- 20-minute instructional video is available
- Available in 4 languages, along with a pocket card and Frequently Asked Questions (FAQ) document
- Two psychometric analyses for FSS-ICU: <http://bit.ly/2gh9bfl> & <http://bit.ly/2b4gjIx>